



### **ED-456 –53 –56 F-100 DISK BRAKE KIT**

**KIT:** 2 Caliper Mounting plates  
2 Spindle adapters  
2 Grease Seals #9406S  
6 Mounting Spacers  
6 1/2" x 1 3/4" Bolts  
6 1/2" Lock Nuts

**ADDITIONAL PARTS NEEDED:**

2 Rotors Dodge Aspen, Chrys. Le Baron, Plym. Volare, 77-80 – Part # 141145  
Rotor  
2 Calipers 74-81 Camaro, F-Bird, or Similar part #4059, 4060  
2 A-2 outer bearings, 2 A-13 inner bearings, 74-81 hoses

**TOOLS REQUIRED:**

A set of basic hand tools  
Emery cloth or sand paper, 120 grit or finer  
Hand grinder (maybe)  
Electric Drill & 1/2" bit (maybe)

**INSTALLATION:**

1. Remove all stock brakes, save the spindle nut, and washer
2. Clean the spindle. No, really **clean** the spindle, then smooth and polish the inner-bearing surface with the emery cloth.
3. Boil the spindle adaptors for at least 5 min. use light oil on the spindle, slide the hot adapter onto the spindle, use a piece of tubing to tap the adapter all the way onto the spindle. Polish the adapter until the inner bearing slides onto it.
4. The Caliper mount fits behind the spindle. The spacers will allow it to mount flat. You may need to grind a small amount off the inner edges of the mount, if it hits the spindle. The bolt head should be against the mount, nut against the spindle. Tighten to 80 ft./lbs.
5. Complete the installation of the rotor and caliper as on any normal car. Bleed the brakes and go for a cruise.

**REMEMBER, DOUBLE CHECK EVERYTHING, DO IT RIGHT, AND YOU'LL ONLY HAVE TO DO IT ONCE.**